

Menue

@THEMA RESTAURANT

THEMA *eins...*

starters

ELIES 5,5 €
Greek olives in olive oil and oregano

MELITZANOSALATA 6,5 €
Eggplant cream with garlic, peppers and herbs

FAVA 6,5 €
Lentil puree from Sanotriini with onions

TARAMAS 6,8 €
Cod roe cream

TYROKAFTERI 7,2 €
Sheep cheese cream - slightly spicy

TZATZIKI 7,2 €
Greek yogurt with garlic, cucumber and olive oil

FETA 7,2 €
Greek sheep cheese

..... 7,5 €



Contact us

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45468 MÜLHEIM AN DER RUHR



THANK YOU FOR VISITING US!

warm starters

KOLOKYTHOKEFTEDES 9,5 €
Zucchini pancakes with sheep's cheese and herbs

TYROPITAKIA 9,5 €
Puff pastry pockets filled with sheep's cheese, leek, spinach and herbs

FETA SAGANAKI 9,5 €
Pan-fried feta cheese, lightly breaded

MELITZANES KOLOKYTHAKIA 8,8 €
Baked eggplant and zucchini with tzatziki

SARDINENFILET - MARINIERT (KALT) 9,5 €
with spring onions, dill, parsley and garlic - slightly spicy

FETA PSITI LADOKOLA 10,5 €
Baked sheep's cheese with herbs in a packet

SPETZOFAI 9,5 €
Greek farmer's sausage in tomato sauce and a mix of peppers

KALAMARAKI 9,8 €
Baby calamari

KEFALAKIA 10,5 €
Fried calamari crowns

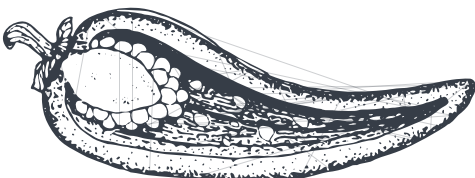
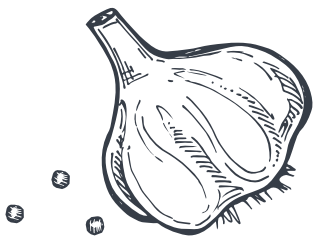
SUZUKAKIA 10,8 €
Veal meatballs in tomato sauce Smyrna style

GARIDES SAGANAKI 12,0 €
Shrimp in tomato sauce with sheep's cheese

SARDINES 11,5 €
Fried sardines on lettuce leaves

SHRIMP AOP 18,5 €
fried in olive oil with chili and garlic

GRILLED OCTOPUS 19,5 €
on lentil puree with herbs

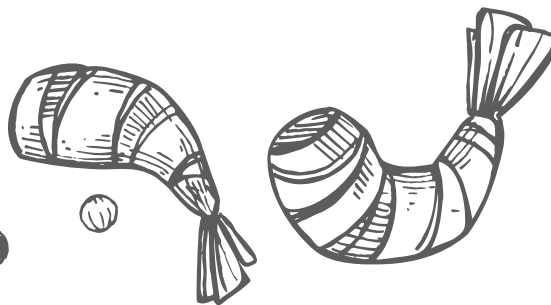




THEMA *drei...*

salads

PSAROSOUPA	21,5 €
House-style fish soup	
GRILLED SALMON FILLET.....	22,0 €
with spinach and potatoes	
KALAMARAKI	19,8 €
Fried baby calamari with various vegetables and baked potatoes	
GRILLED SEA BRAM FISH.....	22,5 €
with spinach and potatoes (whole or filleted)	
GRILLED SEA BASS	23,0 €
with spinach and potatoes (whole or filleted)	
FISH TRILOGY	26,9 €
with spinach and potatoes	
SOLE FISH	35,5 €
with grilled vegetables and baked potatoes	
GRILLED MEGA SEA BASS	78,0 €
1200 grams of sea bass with side dishes of your choice	



THEMA *fünf...*

fish

- MIXED SALAD 9,5 €
four different types of salad, plus strips of parmesan
- CHORIATIKI 11,5 €
Greek salad
- KATSIKISIO TYRI PANZARIA 10,5 €
Goat cheese on beetroot carpaccio
- SALATA KOTOPOULOU 16,5 €
Chicken salad with Radicchio Lattuga, Lollo Mix,
tomatoes, cucumbers and onions
- GARIDOSALATA 16,5 €
Grilled shrimps on salad with olive oil vinegar

THEMA *vier...*

noodles

- GEMISTOTO 18,9 €
Fried rice with seafood, parmesan and herbs
- MAKORANADA PSARA 19,8 €
Fisherman's style spaghetti with shrimps and squid

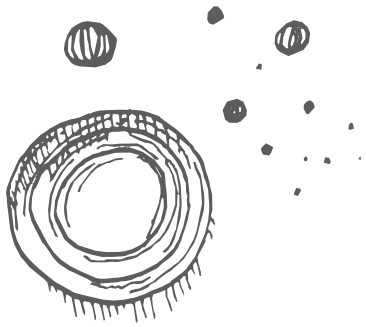
THEMA *sechs...*
grilled meat

- SOUVLAKI CHOIRINO** 16,5 €
Grilled pork skewers with baked potatoes
and various vegetables
- BIFTEKI** 17,5 €
House-style grilled steak made from minced veal,
lamb and pork with potatoes and various vegetables
- SOUVLAKI KOTOPOULO** 18,5 €
Grilled chicken skewers with baked potatoes
and various vegetables
- SIKOTI** 22,5 €
Veal liver fried in clarified butter, served with
sage sauce and potatoes
- SOUVLAKI ARNI** 23,0 €
Grilled lamb skewers with baked potatoes
and various vegetables
- LAMB CROWN** 31,5 €
with grilled vegetables and baked potatoes
- TOMAHAWK VEAL STEAK** 37,5 €
with grilled vegetables and baked potatoes
- AUSTRALIAN ENTRECOTE** 43,0 €
Australian entrecote with home-made fries
or baked potatoes on request



THEMA *sieben...*
home recipes

- MOUSAKA** 15,5 €
Eggplant casserole with minced veal and bechamel sauce
served with a small salad
- MAISPOULARDE** 19,5 €
Corn poularde on lemon sauce with potatoes and vegetables
- LAMMHAXE** 21,5 €
Lamb shank from the oven with potatoes
and various vegetables



THEMA *acht...*
eat vegan

GEMISTA 14,5 €
Stuffed tomatoes and peppers from the oven
with herb rice filling and baked potatoes

THEMA *neun...*
side dishes

BAKED POTATO 4,8 €
BEETROOT 4,9 €
HOMEMADE FRIES 5,2 €
GRILLED VEGETABLES 5,5 €



THEMA *zehn...*
dessert

BAKLAVA 8,2 €
with vanilla ice cream

GREEK YOGURT 7,8 €
with honey and walnuts

Schoko-Maleur 8,5 €
Chocolate Maleur with vanilla ice cream

KANTAIFI 8,5 €
Greek filled puff pastry pockets