

Menu

@THEMA RESTAURANT



starters

ELIES 5,5 €
Greek olives in olive oil and oregano

MELITZANOSALATA 6,5 €
Eggplant cream with garlic, peppers and herbs

FAVA 6,5 €
Lentil puree from Sanotrini with onions

TARAMAS 6,8 €
Cod roe cream

TYROKAFTERI 7,2 €
Sheep cheese cream - slightly spicy

TZATZIKI 7,2 €
Greek yogurt with garlic, cucumber and olive oil

FETA 7,2 €
Greek sheep cheese

..... 7,5 €



Contact us

PEKA GASTRONOMIE GMBH
PHONE: 0208 385 61 652
KONTAKT@THEMA-RESTAURANT.DE
RUHRSTRASSE 26
45468 MÜLHEIM AN DER RUHR



THANK YOU FOR VISITING US!

warm starters

KOLOKYTHOKEFTEDES 9,5 €
Zucchini pancakes with sheep's cheese and herbs

TYROPITAKIA 9,5 €
Puff pastry pockets filled with sheep's cheese, leek, spinach and herbs

FETA SAGANAKI 11,0 €
Pan-fried feta cheese, lightly breaded

MELITZANES KOLOKYTHAKIA 9,8 €
Baked eggplant and zucchini with tzatziki

SARDINENFILET - MARINIERT (KALT) 11,5 €
with spring onions, dill, parsley and garlic - slightly spicy

FETA PSITI FOURNOU 11,5 €
Baked sheep's cheese with herbs in a packet

SPETZOFAI 10,5 €
Greek farmer's sausage in tomato sauce and a mix of peppers

KALAMARAKI 9,8 €
Baby calamari

KEFALAKIA 12,5 €
Fried calamari crowns

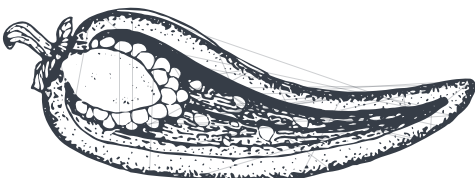
SUZUKAKIA 11,5 €
Veal meatballs in tomato sauce Smyrna style

GARIDES SAGANAKI 12,8 €
Shrimp in tomato sauce with sheep's cheese

SARDINES 11,5 €
Fried sardines on lettuce leaves

SHRIMP AOP 19,5 €
fried in olive oil with chili and garlic

GRILLED OCTOPUS 21,5 €
on lentil puree with herbs





THEMA *drei...*

salads

MIXED SALAD 9,5 €
four different types of salad, plus strips of parmesan



CHORIATIKI 12,5 €
Greek salad

KATSIKISIO TYRI PANZARIA 11,5 €
Goat cheese on beetroot carpaccio

SALATA KOTOPOULOU 17,5 €
Chicken salad with Radicchio Lattuga, Lollo Mix,
tomatoes, cucumbers and onions

GARIDOSALATA 18,5 €
Grilled shrimps on salad with olive oil vinegar

THEMA *vier...*

noodles

GEMISTOTO 18,9 €
Fried rice with seafood, parmesan and herbs

MAKORANADA PSARA 21,5 €
Fisherman's style spaghetti with shrimps and squid

GRILLED SALMON FILLET	25,0 €
with spinach and potatoes	
KALAMARAKI	21,5 €
Fried baby calamari with various vegetables and baked potatoes	
GRILLED SEA BRAM FISH	25,5 €
with spinach and potatoes (whole or filleted)	
GRILLED SEA BASS	25,5 €
with spinach and potatoes (whole or filleted)	
FISH TRILOGY	28,5 €
with spinach and potatoes	
SOLE FISH	37,5 €
with grilled vegetables and baked potatoes	

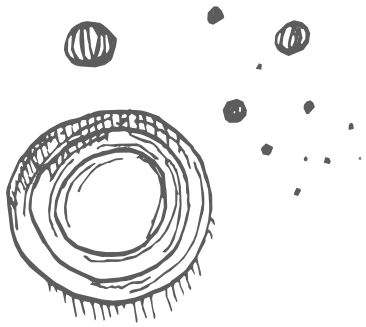


THEMA *sechs...*
grilled meat

SOUVLAKI CHOIRINO	17,5 €
Grilled pork skewers with baked potatoes and various vegetables	
BIFTEKI	18,5 €
House-style grilled steak made from minced veal, lamb and pork with potatoes and various vegetables	
SOUVLAKI KOTOPOULO	19,5 €
Grilled chicken skewers with baked potatoes and various vegetables	
SIKOTI	23,5 €
Veal liver fried in clarified butter, served with sage sauce and potatoes	
SOUVLAKI ARNI	24,0 €
Grilled lamb skewers with baked potatoes and various vegetables	
LAMB CROWN	33,5 €
with grilled vegetables and baked potatoes	
TOMAHAWK VEAL STEAK	39,5 €
with grilled vegetables and baked potatoes	
AUSTRALIAN ENTRECOTE	44,5 €
Australian entrecote with home-made fries or baked potatoes on request	
RUMP STEAK	28,5 €
with caramelized onions and fries	
IBERICO PORK CHOP	26,5 €
with homemade fries and vegetables	

THEMA *sieben...*
home recipes

MOUSAKA	16,5 €
Eggplant casserole with minced veal and bechamel sauce served with a small salad	
LAMMHAXE	23,5 €
Lamb shank from the oven with potatoes and various vegetables	

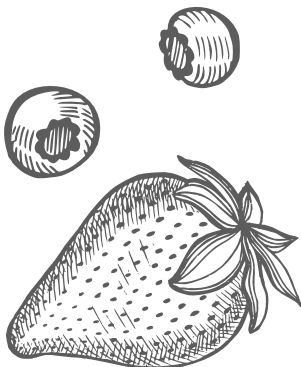


THEMA *acht...*
eat vegan

GEMISTA 14,5 €
Stuffed tomatoes and peppers from the oven
with herb rice filling and baked potatoes

THEMA *neun...*
side dishes

BAKED POTATO 4,8 €
BEETROOT 4,9 €
HOMEMADE FRIES 5,2 €
GRILLED VEGETABLES 5,5 €



THEMA *zehn...*
dessert

BAKLAVA 8,2 €
with vanilla ice cream

GREEK YOGURT 7,8 €
with honey and walnuts

Schoko-Maleur 8,5 €
Chocolate Maleur with vanilla ice cream

KANTAIFI 8,5 €
Greek filled puff pastry pockets